

Promoting growth and independence



HAPPY, HEALTHY AND ACTIVE: South Eastern Community Care disability services manager Sacha Lloyd-Timbs with a young NDIS participant.

OPERATING in Southern Tasmania for more than 45 years, South Eastern Community Care (SEC Care) is a Tasmanian not-for-profit organisation passionate about supporting people of all ages to stay healthy, happy and active members of their community.

SEC Care disability services manager Sacha Lloyd-Timbs said while the organisation had existing programs supporting younger people living with disabilities, the National Disability Insurance Scheme had given SEC Care the chance to tailor programs that celebrate the lives, goals and achievements of their clients.

“Since its inception, the NDIS approach has enabled participants to form new friendships and community relationships, develop life skills and pursue new hobbies, as well as increase their overall health, wellbeing and happiness,” Ms Lloyd-Timbs said.

“Every day we see the NDIS creating real change in the lives of participants and their families. After three weeks participating in the NDIS, a client commented that previously she had been ‘just surviving and not living’ and the individualised, community-centric

approach has allowed her to discover a new lease on life.”

Ms Lloyd-Timbs said alongside standard care and support elements, the NDIS gave participants the power to make decisions about the social, educational and physical activities they wished to undertake.

“SEC Care continues to develop and grow as the NDIS rollout continues. The development of our programs has been an exciting and creative process for both our co-ordinators and clients as we explore the possibilities made available,” she said. “It is wonderful to see our clients challenge themselves by participating in educational programs, vocational training, volunteering, as well as communities-based initiatives.

“At SEC Care, we strongly believe in promoting the independence of our clients. As your chosen provider, we will work with you to develop a support plan that both maintains and ensures ongoing growth in independence.”

SEC Care is registered to deliver a selection of quality services through the NDIS. For more information call Disability Services Manager, Sacha Lloyd-Timbs on 6269 1260 or visit www.secommunitycare.com.au

We'll walk beside you, through the new NDIS environment.

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For more information hobartcitymission.org.au

registered NDIS provider

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For further information
Phone 03 6243 6044
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